

# He is Risen

DEATH COULD NOT HOLD HIM

Rejoice in the resurrection of  
Jesus Christ

# MENU

Breakfast: \$2.00

Lunch: \$3.55

Milk: \$.50

APRIL

	Meatball Sub, Shredded Cheese, Baked Tater Tots, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	01	Turkey Wrap, Baked Chips, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	02	Pizza, Dessert, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	03	Chicken Patty/Bun, Baked Oven Fries, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	04		
Chicken and Noodles w/Cream Sauce, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	07	Spaghetti w/Meatballs, Dinner Roll, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	08	French Toast Sticks, Sausage, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	09	Pizza, Dessert, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	10	Chicken Nuggets, Oven Fries Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	11	
Corn Dogs, Baked Chips, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	14	Walking Taco, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	15	Hamburger, Tater Tots, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	16	Pizza, Dessert, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	17	Good Friday No School		18
	21	Spring Break		23		24		0		25
Baked Ravioli, Bread Stick, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	28	Popcorn Chicken, Mashed Potatoes, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	29	Perogies, Cheese Stick, Veggie of the Day, Daily Fruit Cup, Fat Free or Low-Fat Milk	30					

The BCA Food Service Department is committed to the overall well-being of our students and offering a choice of healthy meals each school day. All meals served must meet nutrition standards established by the U.S. Department of Agriculture (USDA). Our school menus meet federal nutrition standards for school meals, ensuring that meals are healthy & well-balanced, and provide students with all the nutrition they need to succeed at school. School meals offer students milk, fruits and vegetables, proteins and grains, and adhere to strict limits on saturated fat, sodium and portion size as determined by National School Lunch Program Guidelines. We Bethel Christian Academy Student Handbook 18 help students start their day by providing a nutritious breakfast consisting of a two bread/grain equivalent selection(s), or one bread/grain equivalent and one meat/meat alternative selections, a choice of 100% fruit juice and/or fruit, and a choice of 1% white or fat-free chocolate milk. Every day a nutritious lunch is offered, consisting of an entrée (which can include a bread/grain and a meat/meat alternate), two different fruit and/or vegetable choices, and a choice of milk. The milk choices consist of 1% white or fat-free chocolate milk. As mandated by the United States Department of Agriculture (USDA), school breakfast meets 1/4 of the Recommended Dietary Allowance (RDA) and school lunch 1/3 of the RDA.

